



**INSTITUTE FOR STUTTERING TREATMENT AND RESEARCH (ISAK)**  
An Institute of the Faculty of Rehabilitation Medicine

**DAILY THERAPY LOG**

Name:

Date	Notes	Sign
9 Jan 2012	L: EB - intro, just started shaping (breathing, no voice) P: difficulty using diaphragm in breathing; beach ball analogy helped C: succinct information more helpful. Too many words = trouble understanding. Great slow stretch!! Got it right away and picked up using intonation, too.	JS
10 Jan 2012	L: LT intro - start at phrase level next time P: EB - some breath holding and tightness - resolved. GS - some difficulty getting Super Soft level. <sup>He ID'd and corrected this for corrected after PB.</sup> Encouraged him to make 'the softest sound he could' and this <sup>helped bring it down somewhat.</sup> helped him do this. LT - difficulty with LT's. It helped <del>when we</del> when we clarified what the consonants were ('when parts of your mouth touch') None were too hard; just too long. Needs more practice. C: Short directions and feedback work best. Needs lots of P reinforcement. Fearful of being 'wrong' in self-eval.	JS
Jan 11, 2012	(L) GS practice session, 1:27 mins (P) Audible <sup>long</sup> prejudice on GS, visual cue helps and telling him to make slow air quiet worked. Rate is sometimes a bit fast but <del>responds</del> great to "Stretch!" Occasionally stretches consonants more than vowels, but self identifies and corrects (C) Needs short explanations and model for reading longer sentences. Has some	JS

Date	Notes	Sign
	difficulty breaking sentences up into breathgroups. Helps if you tell him to take his time and think/make the breathgroup. ——————	MJ.
1/10/12	L = AS in simple Q+A P = audible 'h' / prevoice for GS but Myron is aware of this + with cueing + more practise it faded; was worse in large group + better one on one; he sometimes uses hand cues to remember to stretch but fades this with practise; EB, SB, LT consistent but GS require focusing; LT sometimes too soft but model helped eliminate this C = progressed well today + his self-eval is good; he takes a few breaths before each phrase/task which prolongs time. as	
Jan 13/12	(L) FB medium complete. (P) Some breathholding before initiating speech, hand cue / cue card helpful, sometimes a fast inspiration, hand cue also helpful. (C) Difficult time in breaking phrases into breathgroups, which contributes to breath holding. His rate was a bit fast for medium but responds well to "stretch". Enjoyed incorporation of jokes and conversation into session. All did well with less corrective feedback. ——————	MJ.