

**Speech and Language Services**  
**Aphasia Friendly Treatment Report**


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Name: HN

Treatment dates: May - July 2011

Report Date: July 2011

**BACKGROUND INFORMATION**

- HN had a stroke on December 22 and 28 of 2009 
- Current diagnosis: Moderate non-fluent aphasia (difficulty talking & understanding)

Moderate apraxia of speech (difficulty saying words)

Moderate alexia and agraphia (difficulty reading and writing)

- HN 's hobbies include:
  - playing cribbage
  - golfing
  - going to the lake



## TREATMENT RESULTS

Treatment followed this schedule:

17 sessions, 45 minutes each between May and July 2011.

These are the goals HN worked on in treatment. HN made progress on all of her goals.

1. Self-cueing strategies to help HN make herself understood when speaking with others.

HN used a chart to help her describe words she had trouble thinking of.

HN used the chart at home as well as in therapy and found it useful.

HN found it helpful when:

- people gave her more time to talk
- she could not stop at "I don't know"
- used gestures to help get her message across

At the beginning of therapy, HN:

- did not use the chart at all
- often gave up when she couldn't think of the word.

At the end of therapy, HN:

- used the chart at home and in the clinic
- pointed to items on the chart
- could sometimes use the chart even when it wasn't in front of her

2. HN will improve her "k" and "g" sounds in words and phrases.

HN practiced words with "k" and "g" in them.

Some words were short, and some words were long.

HN also practiced "k" and "g" words as part of a short sentence.

At the beginning of therapy, HN:

-said 8/18 "k" and "g" words correctly as part of a story she told verbally.

-found it easiest to say "k" and "g" in the middle of words (e.g. "acorn")

At the end of therapy, HN:

-said 100% words correctly as part of a story she told verbally.

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3. HN will read 2 short newspaper articles and be able to identify the key points "who" and "where"

HN said she enjoyed reading the newspaper.

HN had trouble reading longer articles.

HN read headlines and short articles and identified "who" was in the article, as well as "where" the article took place.

At the beginning of therapy, HN:

- read one short article from the CBC website
- answered 3/5 questions.
- missed questions about the people in the articles.
- had trouble reading a longer article.

At the end of therapy, HN:

- read one short article from the CBC website
- answered ?? questions
- ?

4. HN will say 8 out of 10 functional phrases such as "Can I have a coffee please?" in everyday situations.

HN practiced saying her 10 phrases by repeating them and acting them out.

At the beginning of therapy, HN:

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At the end of therapy, HN:

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5. HN will improve her writing abilities through home practice activities.

HN's writing homework included:

- writing cheques
- writing greeting cards
- filling out information forms
- making shopping lists
- practicing numbers

At the end of therapy, HN:

## SUMMARY & RECOMMENDATIONS

CLIENT had moderate non-fluent aphasia and moderate apraxia of speech with moderate alexia and agraphia.

### **CLIENT's strengths include:**

- Continuing even when tasks were difficult.
- Supportive family.
- Willingness to work hard.

### **Areas more difficult:**



- Saying longer words and sentences.
- Reading long articles.
- Writing down numbers.

### **Future Recommendations**

1. Continue practicing 10 everyday phrases outside of the clinic.
2. Continue using the word chart when speaking with friends and family members.
3. Attend Corbett Clinic for group or individual therapy in Fall 2011.

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Questions or concerns, call: (780) 492-5314.

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Student Clinician

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Student Clinician

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Clinical Educator