



Clinical Swallowing Evaluation

Medical Dx: Hyponatremia, Hypokalemia

Contact Inf

HPI: 88 year old female, admitted via emergency Feb 23, 2012. Pt from Emmanuel nursing home, Edmonton. Pt was supposed to have day surgery to remove (L) Breast tissue, however pt was weak, nauseous and had difficulty swallowing as well as vomiting and diarrhea for 6 days. Pt had productive cough.

PMHx: (L) breast carcinoma (2001), Cataract, hypokalemia, TIA, Re-Excision of Marginal (L) breast, (L) thumb fracture, HTN, Silent heart attack, hypothyroidism, Cholecystectomy (2001).
Social Hx: Widowed, lives in seniors home, independent & ADLs, ex-smoker.

Code Status: Full

Personal Directive: /

Allergies: NKA

Medications: Heparin, KDur 40mEq, Irbesartan, Vit D, Calcium, Fosamax, Synthroid, KCl

Labs: Feb 24th, 2012

Investigations/Consultations: Normal temp. on admission

Hgb: 132

WBC: 50

CXR (Feb 23, 2012) - Atherosclerotic change in Aorta, otherwise normal

K: 2.8 ↓ crit

Na: 129 ↓

XR Abd (Feb 23, 2012) - Calcification over (L) kidney

Urea: 4.6

Creat: 62

Crel (Nov. 24, 2011) - No acute ^{intrathoracic} bony abnormality or rib fractures

(R) Glucose: 5.1 Albumin: 38

Physical Exn: AAT order

Resp Status: RA

Communication/Cognition: GCS on admission 15/15, ITC hearing aid bilaterally.
English & slouch speaking

Nutritional/Hydration Status: Admission ht 5'5 Wt 120 lbs - estimated. 1/2 appetite 1 week.
↓ fluid intake, per medical admission developed dysphagia x 3 days ("inability to move food from oral cavity to oropharynx"). IV NS & KCL.

Patient/Caregiver's Description of Swallow: Pt reports strong productive cough. Pt reported coughing after lying down. She reported that it is difficult to initiate swallow from a cohesive food bolus and move food to back of mouth.

Previous Dysphagia Ax(s): None known.

ORAL MOTOR EXAMINATION:

	Comments
Head/Face	mild facial asymmetry - mild (R) weakness of face, Adequate sensation of face
Lips	Mild (R) weakness, ↓ ROM of motion (elevation of corners on retraction)
Tongue	↓ strength on (R) side, difficulty bringing tongue upwards & out associated jaw movement, back of tongue mildly dry. Adequate strength on protrusion
Jaw	↓ ROM laterally
Soft Palate/Gag	Gag present, adequate elevation and coordination on phonation
Volitional Swallow	moderate ↓ in hyo-laryngeal excursion
Cough/Throat Clear	Strong cough, Cough sounds wet
Voice Quality	Ade-Appropriate
Oral Hygiene	Residue in ↓ dentures post-meal, pt reports she cleans dentures post meal.
Dentition	Oral mucosa mildly dry. T. ↓ dentures pt reports she sleeps in them, ↓ denture very loose

Date Feb 24, 2012

Signature

[Signature]
S. Watson, RSC

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